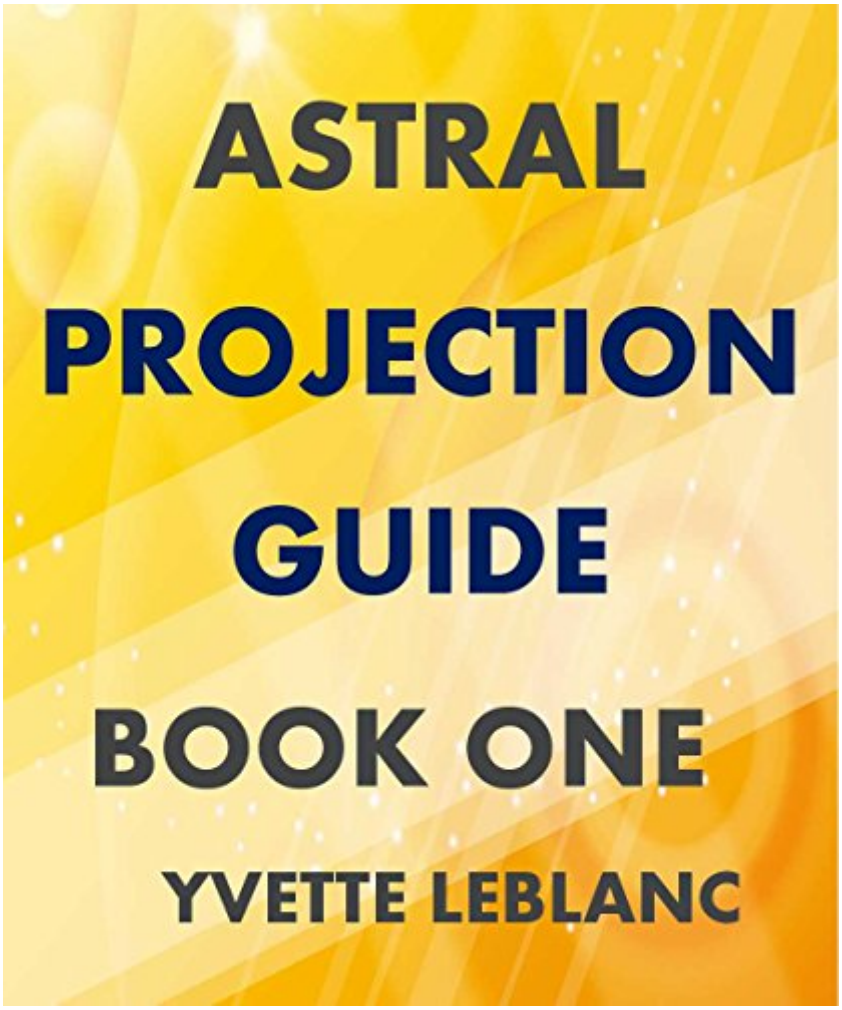
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ASTRAL PROJECTION GUIDE, BOOK ONE



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Synopsis

EXPLORE ALL OF CREATION. LEARN THE TRUE MEANING OF LIFE. LET ME SHOW YOU.This book was also published under the title "Astral Travel & Aura Viewing: Many Effective & Easy Astral Projection Techniques -- Astral Projection Made Doable."The main topics of my book are: (1) the astral projection experience and how to accomplish it. The astral plane is examined as well as the astral projection techniques necessary to enter. (2) aura viewing. A very simple technique to view your own aura is given. I believe it will help with astral projection because you will realize part of you already is projecting. Reading my book and following the suggested techniques will change your life forever. It explains in detail how you can have exciting, unbelievable adventures to future, past and alternate lifetimes, to astral counterparts of physical objects and places, to high spiritual places called Heaven, and to see your own magnificent aura. These things are doable without sniffing glue, eating hallucinogenic mushrooms, or taking drugs. It takes no special talent to have these awesome, life-changing experiences only some time and determination. My methods involve deep breathing, calling out to God through chanting, and sacred meditation. The book is concise and basic. Here are some quotes: Part One, Definitions: "The astral plane is a vibration of life that is highly emotional and visiting it can be a nightmare world of hell, a blissful journey to heaven, or one of many, many places in between. When we have an astral projection we are traveling in an astral body. We possess different energy bodies of all vibrations; and will, without realizing or making any effort, choose just the correct combination depending on the vibration of light needed for the journey. This astral energy can sometimes be seen and is called the aura." Part One, Astral Travel Basics: "Don’t get hung up with tedious, drawn-out methods to leave your physical body one body part at a time. You don’t need to project an astral counterpart of your entire physical self. I suggest you simply project that part of you located between your eyes, that’s where your true self is located anyway. The fastest and easiest way is to just be wherever it is you want to be. Don’t even think about what you look like, that will just bring you back to the physical." Part Two, Two Methods to Project to Wooded Areas: "When you are in the air and you feel like you are flying, you might not be. It took me a long time to realize that I was really located in a point in the sky. I had no body so I was not subject to gravity. However, the Earth was rotating on its axis. I just had the sensation of moving. It’s like when you’re in a car wash seated in your car. The big brushes come forward and you have the sensation of moving even though you are not." Part Three, My Experiences, Holy and Wonderful: "The separation was in a whole different manner, I remained in my physical body while I felt energy projecting. I became a being of white light energized by my heart chakra." Part Three, My Experiences, Holy and Wonderful: "While meditating on a violet crystal, I asked to see my spiritual

guides. Amazing spheres of brilliant colored light appeared. I saw a pink spirit and a golden-flame baby which I brought to my heart chakra. The face of a happy young man, looked Arabic, smiled at me. My tunnel rotated very fast and pointed very high." Part Four, Aura, Etheric and Halo Viewing: "Seeing your own magnificent light will help you realize you are a holy spirit and truly a child of God.Ã¢â ¬Â•Good luck.You CAN do it.

Book Information

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Customer Reviews

Very interesting book. Would recommend this book to anyone.

This book opened new worlds to me in written terms that were clear and understandable. I highly recommend this book as a guide to the unexplored levels of inner life often not acknowledged. As an artist I am excited and inspired.

this book explains things so well giving more than just the basics. Chinook gives you great ways to get connected and moving. http://authorsvillage.blogspot.com

This book was a great read and easy to follow. It was put in a way that hit home and made me want to work on my meditation and astral projection

You can’t really believe all this stuff is real until you experience it for yourself. Astral travel is the quickest and easiest way to know without a doubt that this magick stuff is more than wishful thinking. I highly recommend this guide.

I found this book written in a simple understandable style which is perfect for the beginner, I tried some of what is recommended and got results, which is more than I have ever gotten from the big names and their long complicated procedures.

Thank you for excellent service and fast shipping.

An excellent account and helpful techniques to developing one’s own style to projection. The basic concept is the same,but everyone’s path is individual and the author does a great job at getting this message across while helping to build confidence.

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